

2010 HERTS COUNTY T&F RANKING LISTS

Under 20 Women

100m

12.3	Emily	Stevens	HPx
12.53	Claire	Humphries	HPx
12.70	Lauren	Thompson	HPx
12.97	Hannah	Lloyd	HPx
13.2	Deborah	Willis	HPx
13.32	Rebecca	Hore	HPx
13.5	Anne	Rees	SNH
13.5	Chloe	Vernon-Hamilton	SNH
14.0	Charley	Nightingale	SNH
14.0	Amber	Postings	D&T
14.0	Katie	Grehan	HPx
16.0	Frances	Gross	SNH
16.4	Emily	Fordham	StA

200m

24.88	Laura	Wake	HPx
25.77	Emily	Stevens	HPx
26.03	Hannah	Lloyd	HPx
26.4	Lauren	Thompson	HPx
26.6	Deborah	Willis	HPx
26.8	Moe	Sasegbon	SNH
26.8	Rebecca	Hore	HPx
27.29	Chloe	Vernon-Hamilton	SNH
28.0	Millie	Phelan	HPx
28.3	Anne	Rees	SNH
28.9	Julia	White	SNH
29.3	Jessica	Barber	SNH
29.50	Rachel	Bentley	Wat

400m

54.43	Laura	Wake	HPx
57.59	Deborah	Willis	HPx
58.70	Sian	Harry	HPx
59.1	Hannah	Lloyd	HPx
59.3	Emily	Stevens	HPx
61.0	Moe	Sasegbon	SNH
62.43	Rebecca	Hore	HPx
64.19	Rachel	Bentley	Wat
64.4	Aoife	Kelly	D&T
64.69	Julia	White	SNH
64.8	Jessica	Barber	SNH
73.1	Maria	Jacques	Wat

800m

2:12.62	Sophie	Connor	SBH
2:14.5	Sian	Harry	HPx
2:27.8	Aoife	Kelly	D&T
2:28.69	Chloe	Vernon-Hamilton	SNH
2:29.6	Deborah	Willis	HPx
2:32.6	Moe	Sasegbon	SNH
2:38.6	Jessica	Barber	SNH
2:39.6	Julia	White	SNH
2:43.8	Maria	Jacques	Wat
2:45.73	Millie	Phelan	SNH
2:58.6	Anne	Rees	SNH
3:05.0	Charley	Nightingale	SNH

1500m

4:25.96	Sophie	Connor	SBH
4:34.51	Hannah	Walker	D&T
5:39.8	Jessica	Barber	SNH
6:33.6	Eloise	Meakins	HPx
6:36.1	Amy	Pring	SNH
6:53.9	Julia	White	SNH

3000m

9:41.64	Hannah	Walker	D&T
9:45.24	Sophie	Connor	SBH
11:30.2	Hannah	Sheridan	Bar
13:30.6	Julia	White	SNH
14:01.4	Eloise	Meakins	HPx
14:42.6	Amy	Pring	SNH
17:35.14	Rebecca	Hore	HPx

100m Hurdles

14.37	Claire	Humphries	HPx
14.4	Emily	Stevens	HPx
14.75	Lauren	Thompson	HPx
15.16	Moe	Sasegbon	SNH
15.72	Chloe	Vernon-Hamilton	SNH
16.16	Millie	Phelan	HPx
16.2	Anne	Rees	SNH
17.07	Natacha	Lee	D&T
18.05	Deborah	Willis	HPx
18.40	Rebecca	Hore	HPx
19.8	Elana	Cherry	D&T
22.1	Maria	Jacques	Wat

400m Hurdles

62.8	Laura	Wake	HPx
62.93	Hannah	Lloyd	HPx
63.30	Emily	Stevens	HPx
66.4	Deborah	Willis	HPx
69.5	Rebecca	Hore	HPx
72.45	Rachel	Bentley	Wat
77.2	Jessica	Barber	SNH
80.6	Maria	Jacques	Wat

High Jump

1.80 CR	Moe	Sasegbon	SNH
1.65	Chloe	Vernon-Hamilton	SNH
1.60	Jenny	Hutchings	HPx
1.55	Anne	Rees	SNH
1.55	Millie	Phelan	SNH
1.45	Bethan	Scanes	SNH
1.45	Steffi	Huntingford	D&T
1.40	Jessica	Barber	SNH
1.40	Lauren	Thompson	HPx
1.25	Sian	Harry	HPx

Pole Vault

3.30	Anne	Rees	SNH
2.45	Jessica	Barber	SNH
1.70	Eloise	Meakins	HPx

Long Jump

5.52	Katie	Caulfield	HPx
5.50	Moe	Sasegbon	SNH
5.14	Chloe	Vernon-Hamilton	SNH
5.13	Anne	Rees	SNH
5.01	Millie	Phelan	HPx
4.67	Charley	Nightingale	SNH
4.59	Lauren	Thompson	HPx
4.58	Bethan	Scanes	SNH
4.44	Charlotte	Cullen	HPx
4.35	Deborah	Willis	HPx
4.51	Shanice	Almeida	D&T
4.58	Bethan	Scanes	SNH

Triple Jump

10.73	Shanice	Almeida	D&T
10.30	anne	Rees	SNH
10.22	Charley	Nightingale	SNH
10.08	Bethan	Scanes	SNH
9.58	Laura	Wake	HPx
9.20	Rebecca	Hore	HPx

8.72	Rachel	Bentley	Wat
8.71	Jenny	Hutchings	HPx
8.65	Maria	Jacques	Wat
7.89	Jessica	Barber	SNH
6.93	Frances	Gross	SNH
5.89	Julia	White	SNH

Shot

10.76	Chloe	Vernon-Hamilton	SNH
10.17	Millie	Phelan	HPx
10.16	Anne	Rees	SNH
9.35	Millie	Phelan	SNH
8.61	Eloise	Meakins	HPx
8.37	Moe	Sasegbon	SNH
8.05	Emily	Stevens	HPx
7.35	B	Kemp	SNH
7.03	Frances	Gross	SNH
6.95	Hannah	Lloyd	HPx
6.76	Jessica	Barber	SNH
6.14	Deborah	Willis	HPx
5.61	Julia	White	SNH
5.44	Charley	Nightingale	SNH

Discus

26.65	Samantha	Burke	Wat
29.16	Beccy	Knapp	SNH
25.11	Frances	Gross	SNH
24.61	Deborah	Willis	HPx
23.37	Eloise	Meakins	HPx

Hammer

42.86	Beccy	Knapp	SNH
37.56	Frances	Gross	SNH
19.85	Samantha	Burke	Wat
17.48	Jenny	Hutchings	HPx
15.82	Eloise	Meakins	HPx
15.17	Chloe	Currie	HPx
9.71	Hannah	Lloyd	HPx

Javelin

44.39	Eloise	Meakins	HPx
41.83	Katie	Grehan	HPx
31.92	Chloe	Vernon-Hamilton	SNH
28.84	Millie	Phelan	SNH
25.79	Anne	Rees	SNH
25.63	Moe	Sasegbon	SNH
23.01	Rachel	Bentley	Wat
16.15	Jessica	Barber	SNH
15.72	Samantha	Burke	Wat
13.30	Frances	Gross	SNH

Heptathlon

4498	Moe	Sasegbon	SNH
4426	Chloe	Vernon-Hamilton	SNH
3960	Millie	Phelan	SNH
3658	Anne	Rees	SNH

4 x 100m

49.99		Herts Phoenix
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4 x 400m

4:05.6		Herts Phoenix
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